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Club Xcite, LLC

Personalized youth mentorship services focusing on academic, athletic and social development.



CAMP RISE ABOVE!

Dates: July 28-Aug1, Aug 18-22

Time: 10:30am – 3:30pm



Camp Rise Above is a specialized summer camp for children with Bi-Polar disorder. This camp is a small group environment where every child gets personalized attention and his or her needs and interests are met. The focus of our camp is for kids to have a successful camp experience through fun and exciting activities and field trips. With enthusiasm and energy our counselors are able to complete our mission of having children naturally build friendships with one another. Our counselors have many years of mentoring, teaching and school experience working with kids and their individual needs. Our staff has also gone through training with Mary Ann McDonnell, APRN, BC, CEO and Cofounder of Step up for Kids, Inc and owner of South Shore Psychiatric Services, Inc. focusing on children with bi-polar disorder, and Kathy Regan, RN, nurse manager of the inpatient child psychiatry unit at Cambridge Hospital, Cambridge, MA and author of "Opening Our Arms: Helping Troubled Kids".

Camp Structure:

Campers will gather each morning to discuss the day's coming events, expectations, and social themes and then depart on their activity for that day. The end of each day will include a discussion of occurrences, areas of improvement, and commendation for those who excelled in designated areas.

Field Trips of the two week camp include:

Frisbee Golf @ Balboa Park
Birch Aquarium
Sailing
Karate Group Class
Water Parks
Nickel City

Beach Days
Boomers
Bowling
GoKart Racing
Game Universe

Themes of this session include:

Enhancing positive thought patterns
Mastering Fear
Self Esteem
Controlling emotions

School Strategies
Friendship building
Teamwork

Extended hours: Before and After Camp:

Home pick up and mentoring is available before and after camp beginning at 7:30am and drop off is available until 6pm. **Extended hours pricing: \$20/hr**

Drop Off Location: San Dieguito Park in Solana Beach. Exit Lomas Santa Fe Drive, head East and turn left at the four way stop sign. The park is on the right.

Registration deadline is May 1st.
To sign up contact Emily O'Connell.

emilyoconnell@comcast.net

Phone: 617-851-4083

Highlights

- Boys and Girls ages 8 –12
- Camp hours: 10:30am – 3:30pm
 - (Extended hours available)
- 2 Kids to 1 Staff Ratio
- Small Group environment. Max 10 kids
- Specifically trained and energetic counselors / mentors
- Home pick up and drop off available

Camp Dates:

July 28th – August 1st

August 18th – 22nd

Pricing (All inclusive)

\$625 per week.

Hotel and Flight Discounts available:

Contact:
Petra @ Ranch and Coast Travel
(858) 481 1230
Mention Camp Xcite!



To find out more about the Camp and Club Xcite, LLC please contact us at:

Phone: 858 779 9674

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